

Emergency response at hand.

Take the Interactive Severe Allergy Risk Test

Anaphylaxis is a severe, potentially fatal allergic reaction. To help determine your risk, check all the boxes that apply to you.

I had a reaction shortly after exposure to even a small amount of:

- | | |
|------------------------------------|--|
| <input type="checkbox"/> Peanuts | <input type="checkbox"/> Soya |
| <input type="checkbox"/> Tree Nuts | <input type="checkbox"/> Egg |
| <input type="checkbox"/> Fish | <input type="checkbox"/> Wheat |
| <input type="checkbox"/> Shellfish | <input type="checkbox"/> Insect stings |
| <input type="checkbox"/> Sesame | <input type="checkbox"/> Medications |
| <input type="checkbox"/> Milk | |

It included the following symptoms:

- MOUTH:** itching, swelling of the lips and/or tongue
- THROAT*:** itching, tightness, closure, hoarseness
- SKIN:** itching, hives, redness, swelling
- GUT:** vomiting, diarrhea, cramps
- LUNG*:** shortness of breath, cough, wheeze
- HEART*:** weak pulse, dizziness, passing out (due to low blood pressure)

* Some symptoms can be life threatening. EpiPen[®] is not indicated to prevent death associated with anaphylaxis.

If you checked at least 1 box in each column, you could be at risk for anaphylaxis.

Your risk is even higher if you:

- Have had a previous reaction (even if mild)
- Have asthma

Your reaction could be more severe if you:

- Have asthma
- Have cardiovascular problems



Print this page, and take this test to your doctor to find out if you should be carrying an EpiPen[®].